

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: SHARK

Coachinfo: Warming up from: 12:40 untill 13:55. Teamleadmeeting @ 13:15 The listed starttimes are indicative!

Coaches: Vissers Ann HEADCOACH

Coaches: Feyten Anne

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:2, starttime: 14:00
Heat: 2/30 Lane : 4 Athlete: WILMS BRAM			Q-time: 00:48:92
PB (25m pool): 00:48.92 Arendonk 30/11/2025			PB (50m pool): 00:46.38 SB: 00:48.92 Arendonk 30/11/2025
	2 5 M	5 0 M	
PB		00:48.92	
		00:48.92	
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:3, starttime: 14:00
Heat: 3/30 Lane : 4 Athlete: SERNEELS ROAN			Q-time: 00:44:47
PB (25m pool): 00:45.26 Herentals 17/05/2025			PB (50m pool): 00:44.47 SB: no time
	2 5 M	5 0 M	
PB		00:45.26	
		00:45.26	
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:11, starttime: 14:10
Heat: 11/30 Lane : 5 Athlete: MERTENS DIETER			Q-time: 00:34:71
PB (25m pool): 00:34.71 Temse 17/11/2025			PB (50m pool): 00:34.58 SB: 00:34.71 Temse 17/11/2025
	2 5 M	5 0 M	
PB		00:34.71	
		00:34.71	
			

Coach feedback:

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Event number: 19: 50M BUTTERFLY MEN 11+			Heat:13, starttime: 14:10
Heat: 13/30 Lane : 3 Athlete: FEYEN AEDEN			Q-time: 00:32:90
PB (25m pool): 00:36.43 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:32.90 SB: no time			
	2 5 M	5 0 M	
PB		00:36.43	
	00:36.43		
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:22, starttime: 14:20
Heat: 22/30 Lane : 5 Athlete: BERTELS QUILLAN			Q-time: 00:29:10
PB (25m pool): 00:29.25 Nijlen 16/11/2025 PB (50m pool): 00:29.10 SB: 00:29.25 Nijlen 16/11/2025			
	2 5 M	5 0 M	
PB		00:29.25	
	00:29.25		
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:29, starttime: 14:25
Heat: 29/30 Lane : 1 Athlete: VERBEEK SEM			Q-time: 00:26:44
PB (25m pool): 00:26.58 Mol 15/10/2023 PB (50m pool): 00:26.44 SB: no time			
	2 5 M	5 0 M	
PB		00:26.58	
	00:26.58		
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:3, starttime: 14:30
Heat: 3/35 Lane : 3 Athlete: BELLENS LORE			Q-time: 99:99:99
PB (25m pool): 00:39.96 Mol 15/10/2023 PB (50m pool): 00:44.10 SB: no time			
	2 5 M	5 0 M	
PB		00:39.96	
	00:39.96		
			

Coach feedback:

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Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:16, starttime: 14:45
Heat: 16/35 Lane : 1 Athlete: MARCELIS FIEN			Q-time: 00:44:31
PB (25m pool): 00:44.31 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:45.51 SB: no time			
	2 5 M	5 0 M	
PB		00:44.31	
	00:44.31		
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:18, starttime: 14:50
Heat: 18/35 Lane : 1 Athlete: PEETERS KAAT			Q-time: 00:43:11
PB (25m pool): 00:43.11 Herentals 17/05/2025 PB (50m pool): 00:45.49 SB: no time			
	2 5 M	5 0 M	
PB		00:43.11	
	00:43.11		
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:18, starttime: 14:50
Heat: 18/35 Lane : 3 Athlete: DIERCKX FEMKE			Q-time: 00:42:43
PB (25m pool): 00:41.50 Stedelijk Zwembad Geel 11/02/2024 PB (50m pool): 00:43.43 SB: no time			
	2 5 M	5 0 M	
PB		00:41.50	
	00:41.50		
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:26, starttime: 14:55
Heat: 26/35 Lane : 4 Athlete: ERTVELDT KLAARTJE			Q-time: 00:39:46
PB (25m pool): 00:39.46 Nijlen 16/11/2025 PB (50m pool): 00:41.93 SB: 00:39.46 Nijlen 16/11/2025			
	2 5 M	5 0 M	
PB		00:39.46	
	00:39.46		
			

Coach feedback:

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Event number: 20: 50M BREASTSTROKE WOMEN 11+				Heat:29, starttime: 15:00			
Heat: 29/35 Lane : 5 Athlete: MERTENS HELENA				Q-time: 00:37:80			
PB (25m pool): 00:37.80 Antwerpen 12/10/2025				PB (50m pool): 00:38.68 SB: 00:37.80 Antwerpen 12/10/2025			
	2 5 M	5 0 M					
PB		00:37.80					
		00:37.80					
							

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+				Heat:30, starttime: 15:00			
Heat: 30/35 Lane : 4 Athlete: BIERINCKX MIE				Q-time: 00:37:23			
PB (25m pool): 00:37.23 Stedelijk Zwembad Geel 16/02/2025				PB (50m pool): 00:39.79 SB: 00:37.72 Antwerpen 12/10/2025			
	2 5 M	5 0 M					
PB		00:37.23					
		00:37.23					
							

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+				Heat:30, starttime: 15:00			
Heat: 30/35 Lane : 5 Athlete: MERTENS FEMKE				Q-time: 00:37:51			
PB (25m pool): 00:39.31 De Sprink 02/06/2024				PB (50m pool): 00:37.51 SB: no time			
	2 5 M	5 0 M					
PB		00:39.31					
		00:39.31					
							

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+				Heat:34, starttime: 15:05			
Heat: 34/35 Lane : 5 Athlete: BOVEN AXELLE				Q-time: 00:35:43			
PB (25m pool): 00:35.43 Antwerpen 12/10/2025				PB (50m pool): 00:35.75 SB: 00:35.43 Antwerpen 12/10/2025			
	2 5 M	5 0 M					
PB		00:35.43					
		00:35.43					
							

Coach feedback:

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Event number: 22: 100M BACKSTROKE WOMEN 9-10					Heat:3, starttime: 15:15
Heat: 3/3 Lane : 3 Athlete: VAN GORP FéLINE					Q-time: 01:38:16
PB (25m pool): 01:38.16 LEUVEN 21/12/2025					PB (50m pool): 01:44.39 SB: 01:38.16 LEUVEN 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.30		01:38.16	
	00:47.30		00:50.86		
					

Coach feedback:

Event number: 22: 100M BACKSTROKE WOMEN 9-10					Heat:3, starttime: 15:15
Heat: 3/3 Lane : 5 Athlete: DE BIE APOLLINE					Q-time: 01:44:45
PB (25m pool): 01:44.45 Nijlen 16/11/2025					PB (50m pool): no time SB: 01:44.45 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:51.53		01:44.45	
	00:51.53		00:52.92		
					

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+					Heat:2, starttime: 15:20
Heat: 2/29 Lane : 3 Athlete: WILMS BRAM					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+					Heat:3, starttime: 15:20
Heat: 3/29 Lane : 2 Athlete: VAN STEENBERGEN ARON					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

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Event number: 23: 50M BACKSTROKE MEN 11+			Heat:5, starttime: 15:25
Heat: 5/29 Lane : 6 Athlete: SERNEELS ROAN			Q-time: 00:46:03
PB (25m pool): 00:46.03 Herentals 17/05/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:46.03	
		00:46.03	
			

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:13, starttime: 15:35
Heat: 13/29 Lane : 1 Athlete: MERTENS DIETER			Q-time: 00:36:56
PB (25m pool): 00:36.56 Nijlen 16/11/2025			PB (50m pool): 00:39.63 SB: 00:36.56 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:36.56	
		00:36.56	
			

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:29, starttime: 15:55
Heat: 29/29 Lane : 1 Athlete: VERBEEK SEM			Q-time: 00:28:19
PB (25m pool): 00:27.01 Herentals 27/05/2023			PB (50m pool): 00:29.05 SB: no time
	2 5 M	5 0 M	
PB		00:27.01	
		00:27.01	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:4, starttime: 16:00
Heat: 4/30 Lane : 1 Athlete: PEETERS KAAT			Q-time: 00:33:32
PB (25m pool): 00:32.59 Stedelijk Zwembad Geel 11/02/2024			PB (50m pool): 00:33.32 SB: no time
	2 5 M	5 0 M	
PB		00:32.59	
		00:32.59	
			

Coach feedback:

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Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:11, starttime: 16:05
Heat: 11/30 Lane : 3 Athlete: DIERCKX FEMKE			Q-time: 00:31:47
PB (25m pool): 00:31.47 Nijlen 16/11/2025			PB (50m pool): 00:32.16 SB: 00:31.47 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:31.47	
	00:31.47		
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:17, starttime: 16:10
Heat: 17/30 Lane : 2 Athlete: ERTVELDT KLAARTJE			Q-time: 00:30:31
PB (25m pool): 00:30.31 Aarschot 04/05/2025			PB (50m pool): 00:30.79 SB: no time
	2 5 M	5 0 M	
PB		00:30.31	
	00:30.31		
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:21, starttime: 16:15
Heat: 21/30 Lane : 6 Athlete: BELLENS LORE			Q-time: 00:29:59
PB (25m pool): 00:29.59 Antwerpen 12/10/2025			PB (50m pool): 00:30.09 SB: 00:29.59 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:29.59	
	00:29.59		
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:22, starttime: 16:15
Heat: 22/30 Lane : 2 Athlete: BIERINCKX MIE			Q-time: 00:29:31
PB (25m pool): 00:29.31 Antwerpen 12/10/2025			PB (50m pool): 00:30.12 SB: 00:29.31 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:29.31	
	00:29.31		
			

Coach feedback:

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Event number: 24: 50M FREESTYLE WOMEN 11+				Heat:24, starttime: 16:15	
Heat: 24/30 Lane : 6 Athlete: BOVEN AXELLE				Q-time: 00:29:06	
PB (25m pool): 00:29.06 Nijlen 16/11/2025				PB (50m pool): 00:28.60 SB: 00:29.06 Nijlen 16/11/2025	
	2 5 M	5 0 M			
PB		00:29.06			
		00:29.06			
					

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+				Heat:25, starttime: 16:15	
Heat: 25/30 Lane : 4 Athlete: MERTENS FEMKE				Q-time: 00:28:66	
PB (25m pool): 00:28.66 Stedelijk Zwembad Geel 16/02/2025				PB (50m pool): 00:29.10 SB: 00:28.84 Arendonk 30/11/2025	
	2 5 M	5 0 M			
PB		00:28.66			
		00:28.66			
					

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+				Heat:26, starttime: 16:20	
Heat: 26/30 Lane : 2 Athlete: MERTENS HELENA				Q-time: 00:28:44	
PB (25m pool): 00:28.44 Antwerpen 12/10/2025				PB (50m pool): 00:28.93 SB: 00:28.44 Antwerpen 12/10/2025	
	2 5 M	5 0 M			
PB		00:28.44			
		00:28.44			
					

Coach feedback:

Event number: 26: 100M MEDLEY WOMEN 9-10					Heat:3, starttime: 16:30	
Heat: 3/3 Lane : 2 Athlete: DE BIE APOLLINE					Q-time: 01:44:68	
PB (25m pool): 01:44.68 Arendonk 30/11/2025					PB (50m pool): no time SB: 01:44.68 Arendonk 30/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		no time		01:44.68		
		no time				
						

Coach feedback: